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## MEMORANDUM

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TO: Mayor and Council  
FROM: Karen Hodge, Sr Acct/HR Specialist  
SUBJECT: **Employee Wellness and Appreciation**  
DATE: March 13, 2024

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In the past, City staff has implemented an employee wellness program in one form or another. This year, for the first quarter, we are promoting two (2) benefits that came with our new Medica health insurance. Employees are encouraged to check out and create an account on two (2) different resource websites. As an incentive to participate, three (3) lucky employees will win a pair of Twins tickets if they show proof that they have created accounts on the websites and their name is chosen during a drawing.

Other ideas to support employee wellness and to show appreciation for the hard work that they do, is to have a June picnic lunch, give out City logo'd sweatshirts in the fall, and possibly some goodie baskets in December. These activities will be supported by earned-through-purchases, Capital One rewards dollars.